

USE INSTRUCTIONS – RIPPED FACTORS PYROGENX CAPSULES

Women: 2 caps – twice daily

Men: 3 caps – twice daily

Best results are achieved in combination with a healthy diet and regular exercise program.

Normal usage:

Take one dose with your breakfast

Take one dose 30 minutes before exercise (with water)

Note: one dose on empty stomach first thing in the morning prior to a cardio session may help you to maximise results

Pre-competition:

Take 3 capsules with a glass of water immediately after waking up, then do 45 minutes of cardio

Take 3 capsules at 2-3pm in the afternoon to push through the natural low point in your metabolic rate

DO NOT EXCEED THE MAXIMUM RECOMMENDED DOSE.

CONTAINS 37.3MG CAFFEINE PER CAPSULE. NOT SUITABLE FOR CHILDREN, KEEP OUT OF REACH.
NOT SUITABLE FOR PREGNANT OR BREASTFEEDING WOMEN.

Each Capsule contains:

extracts equivalent to	
<i>Camellia sinensis</i> (Green Tea) Dry Leaf	1.6g (1600mg)
<i>Paullinia cupana</i> (Guarana)	1000mg
Equiv. Caffeine Total	37.5mg
<i>Salix alba</i> (White Willow) Dry Stem Bark	1500mg
<i>Ilex paraguariensis</i> (Yerba mate) Dry Leaf	16mg
<i>Garcinia quaesita</i> Dry Fruit Rind	1.6g (1600mg)
<i>Citrus aurantium</i> (Bitter Orange) Dry Fruit	735mg
Chromium (as Chromium nicotinate)	8mcg
L-Tyrosine	16mg
Dry Capsicum	8mg
Dry Ginger	8mg
Encapsulating aids	

RIPPED FACTORS PYROGENX: INGREDIENT SCIENCE

The research that went into creating the Ripped Factors PyrogenX Thermogenic F10 was extensive. A literature search was conducted on over twenty ingredients before the final compounds suitable for this advanced thermogenic were selected. Horleys needed to take into account the herbal extracts and dosage rates that were permissible in both NZ and Australia under the relevant regulations, and which would offer the most powerful effects. Below are more details on the active ingredients and how they work.

Caffeine

Amount: 112mg per 3 capsule serve

In the form of: guarana/caffeine

Caffeine is well known for its stimulant properties. Studies have clearly shown that 100mg of caffeine can significantly increase metabolic rate. Caffeine also increases mental alertness and athletic performance, two factors key to getting the most out of workouts.

Green Tea

Amount: 4800mg equivalent dry leaf per 3 capsule serve

In form of: Extract

Green tea extract contains several catechin compounds, the most important of which is Epigallocatechin Gallate (EGCG). Human and animal studies have shown that green tea increases fat oxidation by an acute increase in thermogenesis and by a more long-term increase in β -oxidation in the liver. Human studies have shown that green tea compounds and caffeine significantly increase 24 hr energy expenditure (calories burnt at rest).

Citrus aurantium (Bitter Orange)

A natural source of the thermogenic compound synephrine, which is chemically similar to Ephedrine, but considered much safer.

White Willow

Contains salicin, a natural compound of similar structure to aspirin. White Willow extends the effects of other thermogenic stimulants including caffeine and synephrine.

Garcinia quaesita

A source of Hydroxycitric Acid (HCA), a compound that temporarily blocks the activity of the enzyme ATP citrate lyase, which is involved in the conversion of carbohydrate to fat.

Yerba mate

Yerba mate contains stimulant compounds, Mateine, Theophylline and Theobromine. These act in a similar manner to caffeine increasing metabolism.

Cayenne pepper

Contains the compound capsaicin, which makes peppers hot. Traditionally used for stimulating circulation, aiding digestion and relieving pain. May also have thermogenic properties.

Chromium Nicotinate

Chromium is an essential trace mineral that aids blood glucose metabolism, insulin levels and the maintenance of healthy levels of various blood lipids including cholesterol